



CATHOLIC SCHOOLS *in the* ARCHDIOCESE *of* NEW YORK

Faith-Based.Future-Focused.

GRADE 1

THEME God is our Father who loves us.
Jesus is the Son of God who tells us about our Father.
The Holy Spirit helps us to be holy.

OBJECTIVE To develop an awareness of God the Creator, who gives us life and grace and promised us eternal life through Jesus.

PRAYERS Sign of the Cross, Our Father, Hail Mary, The Glory Be (Doxology) Section 1 of the Apostles' Creed

SAINTS

SEMESTER 1 St. Nicholas

SEMESTER 2 St. Thérèse of Lisieux

ANYTIME Patron Saint of your School and Region

The Religion Teacher

“The religion teacher is the key, the vital component, if the educational goals of the school are to be achieved. But the effectiveness of religious instruction is closely tied to the personal witness given by the teacher; this witness is what brings the content of the lessons to life . . . Most of all, students should be able to recognize authentic human qualities in their teachers. They are teachers of the faith; however, like Christ, they must also be teachers of what it means to be human . . . A teacher who has a clear vision of the Christian milieu and lives in accord with it will be able to help young people develop a similar vision and will give them the inspiration they need to put it into practice.”

(Congregation for Catholic Education, *The Religious Dimension of Education in a Catholic School*, 1988)

A few notes on using the Pacing Guides...

- Passing on the faith to the next generation is a primary mission of the church, and Catholic schools have participated in this evangelizing mission from the very beginning.
- The Religion Pacing Guides are truly *guides* for instruction. They are not the Religion Guidelines, nor are they a curriculum. They are intended to help the teachers in organizing their instruction of the content of the Religion Guidelines.
- **Respect Life Lessons** are taught in all grades during the months of October and January. A direct link to these lessons is provided in the Pacing Guides for the months of October and January.
- The **Sadlier** and **Sophia Institute** textbooks/resources are not curriculums. Therefore, the Pacing Guides do not follow the order of any textbook. Hence, in the **Resources** column of the Pacing Guides, chapter numbers from the Sadlier* textbooks appear inconsecutively and multiple times. (*Both **We Believe** Catholic Identity Editions and **Christ in Us** School Editions are listed.)
- There is time allotted for review prior to each semester’s testing window in January and June.
- The liturgical calendar notes are not part of the instructional content; they are included simply so teachers can be aware of celebrations in the life of the Church to inform the life of their classroom and instruction.



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Prayers of the Mass: Simple Responses Noted in the Pacing Guide for Each Month as **MR**

Simple Responses: Introduced in Kindergarten, taught in Grade 1

1. And with your Spirit
2. Lord have mercy, Christ have mercy
3. Alleluia
4. Praise to You Lord Jesus Christ
5. Lord hear our prayer
6. Preface Dialogue Responses
 - The Lord be with you* – And with your Spirit
 - Lift up your hearts* – We lift them up to the Lord
 - Let us give thanks to the Lord our God* – It is right and just
7. Sign of Peace
8. Dismissal – Thanks be to God

Available Resources

Sadlier Religion - Free Supplemental Online Resources

WeBelieveWeb.com Grade-level support featuring reproducible pages, games, *Lives of the Saints*, and more

Religion.SadlierConnect.com Home to all eBooks, online assessments, and Sadlier’s Catholic Identity Links, an online virtues & values program, featuring 52 weeks of lessons and family components

Sadlier.com/religion/we-believe Weekly blog featuring prayers and resources to supplement *We Believe*

Sadlier.com/religion/we-believe-and-share Weekly blog from nationally known speaker Kathy Hendricks and guests, offering reflections and prayer resources around current events

Sadlier.com/religion/resources Sadlier’s Religion Publications Center featuring downloadable lessons, prayer cards, and more

Sadlier.com/religion/ You can shop online and preview programs here, as well as link to all the other sites

Sophia Institute for Teachers - Free Supplemental Online Resources

Supplemental Online Resources

- <https://sophiateachers.org/schools/#lesson> Seasonal lessons for Advent and Lent (and other liturgical seasons) can be found in the free monthly **Joy of the Gospel** lessons. These lessons help you to engage your students with the Sunday Gospels for each month. Each lesson includes readings along with interactive activities such as role-plays, attitude inventories, journal exercises, and more.
- sophiainstituteforteachers.org/elesson/free-current-events Lessons about the Catholic Faith and other topics taught through the lens of current events can be found in the free monthly **Teaching the Faith with Current Events** lessons. These lessons use today’s issues as a means of teaching Faith principles, and provides student-friendly overviews, news links, discussion questions, etc.
- [Sophia Institute for Teachers - Subscribe](#)

Additional free Sophia Institute for Teachers resources:

- **The Catholic Curriculum Exchange:** This searchable database of lessons enables teachers across the country to share lesson plans and offer reviews and tips about what worked and what didn’t work in the classroom. Hundreds of lesson plans are available at every grade level and in every subject matter. The Catholic Curriculum Exchange can be found at the following link: sophiainstituteforteachers.org/curriculum
- **Sophia Sketchpad:** Sophia SketchPad is an innovative, engaging, and accessible video series to help young people better understand and live the Catholic Faith. The Sophia Sketchpad videos can be found at the following link: <https://sophiateachers.org/video/sketchpad-eucharist/>

SEPTEMBER

VALUE: Knowledge

WEEK	CONTENT	RESOURCES FOR TEACHING
WEEK 1 GL 1.2 MR 1	<ul style="list-style-type: none"> God is the Creator who made all things: angels, human persons, the whole world. (Genesis 1: 1-27) 	SADLIER: We Believe - Chapter 1 Christ in Us - Lessons 1,4
WEEK 2 GL 1.2 MR 1	<ul style="list-style-type: none"> God is all loving and all holy. (Lev 11:45, Ps 139:1-18) 	SADLIER: We Believe - Chapter 1 Christ in Us - Lesson 2
WEEK 3 GL 1.2 MR 1	<ul style="list-style-type: none"> God can do everything and is everywhere. (Ps 102: 26-27, Wisdom 11:23) 	SADLIER: We Believe - Chapter 1 Christ in Us - Lesson 2
WEEK 4 GL 1.2 MR 1	<ul style="list-style-type: none"> God knows everything and has always been and always will be. (1 John 4: 7-8, Rev 1:8) 	SADLIER: We Believe - Chapter 1 Christ in Us - Lessons 1 and 2

THE LITURGICAL CALENDAR	
LITURGICAL SEASON:	Ordinary Time
COLOR KEY:	Ordinary Time, Advent, Lent, Feast (including Easter and Christmas), Martyr
September 3	St. Gregory the Great
September 5	St. Teresa of Calcutta
September 9	St. Peter Claver
September 13	St. John Chrysostom
September 14	Exaltation of the Holy Cross
September 15	Our Lady of Sorrows
September 16	Sts. Cornelius and Cyprian
September 20	Sts. Andrew Kim Tae-gon and Paul Chong Ha-sang
September 21	St. Matthew
September 23	St. Pius of Pietrelcina (Padre Pio)
September 27	St. Vincent de Paul
September 29	Sts. Michael, Gabriel and Raphael, Archangels
September 30	St. Jerome

OCTOBER

VALUE: Respect All Life

WEEK	CONTENT	RESOURCES FOR TEACHING
WEEK 1 GL 1.2 MR 1-2	<ul style="list-style-type: none"> Created in God’s image, each person has dignity and value. 	SADLIER: We Believe - Chapter 26 Christ in Us - Lessons 11, 15
WEEK 2 GL 1.2 MR 1-2	<ul style="list-style-type: none"> It is our responsibility to respect life and to care for ourselves, others and all that God has created (stewardship). We are to be respectful of the life, good name, property, and possessions of others. 	SADLIER: We Believe - Chapter 26 Christ in Us - Lessons 10, 13
WEEK 3 GL 1.2 MR 1-2	<ul style="list-style-type: none"> Respect Life Lessons (see link in next column) 	RESPECT LIFE LESSONS: https://archny.org/teachers-and-parents/ Refer to <i>Resources for Teaching</i> in this Pacing Guide (page 4)
WEEK 4 GL 1.2 MR 1-2	<ul style="list-style-type: none"> We are children of God. God is our Father, who made us, loves us, cares for us, and who wants us to be happy with Him on this earth and in heaven. We are to be truthful. We do not lie, destroy property, or steal. 	SADLIER: We Believe – Chapters 2, 19 Christ in Us – Lessons 3, 14, 15

THE LITURGICAL CALENDAR	
LITURGICAL SEASON:	Ordinary Time
COLOR KEY:	Ordinary Time, Advent, Lent, Feast (including Easter and Christmas), Martyr
October 1	St. Thérèse of the Child Jesus
October 2	The Holy Guardian Angels
October 4	St. Francis of Assisi
October 7	Our Lady of the Rosary
October 9	St. Denis
October 15	St. Teresa of Ávila
October 18	St. Luke
October 19	Sts. John of Brébeuf and Isaac Jogues
October 22	St. John Paul II, Pope
October 28	Sts. Simon and Jude

NOVEMBER

VALUE: Cooperation

WEEK	CONTENT	RESOURCES FOR TEACHING
WEEK 1 GL 1.2 MR 1-3	<ul style="list-style-type: none"> Feast of All Saints In depth study of St. Nicholas and the patron saint of the school. Special activities based on saints 	SADLIER: The Lives of Saints WeBelieveWeb.com
WEEK 2 GL 1.2 MR 1-3	<ul style="list-style-type: none"> We are called to be members of God's family, to be saints. Saints are people who live God's way. Through the Sacraments, Jesus shares God's love and life with us. 	SADLIER: We Believe - Chapters 16, 25 Christ in Us - Lessons 6, 7, 8
WEEK 3 GL 1.2 MR 1-3	<ul style="list-style-type: none"> Through Baptism, we become members of the Church, God's family, and receive grace - a sharing in God's life. 	SADLIER: We Believe - Chapter 17 Christ in Us - Lesson 8
WEEK 4 GL 1.2 MR 1-3	<ul style="list-style-type: none"> We are Catholic Christians. Season of Advent 	SADLIER: We Believe - Chapter 17 Christ in Us - Lesson 22

THE LITURGICAL CALENDAR	
LITURGICAL SEASON:	Ordinary Time
COLOR KEY:	Ordinary Time, Advent, Lent, Feast (including Easter and Christmas), Martyr
November 1	All Saints
November 2	All Souls
November 4	St. Charles Borromeo
November 10	St. Leo the Great
November 11	St. Martin of Tours
November 12	St. Josaphat
November 13	St. Frances Xavier Cabrini
November 21	The Presentation of the Blessed Virgin Mary
November 22	St. Cecilia
November 24	Feast of Christ the King
November 30	St. Andrew, Apostle

DECEMBER

VALUE: Joy

WEEK	CONTENT	RESOURCES FOR TEACHING
WEEK 1 GL 1.3 MR -4	<ul style="list-style-type: none"> Explain that Advent is the beginning of the liturgical year. It is a time of preparation for the celebration of Jesus' birth on Christmas day. 	SADLIER: We Believe - Chapters 3, 13 Christ in Us - Lesson 22
WEEK 2 GL 1.3 MR 1-4	<ul style="list-style-type: none"> Mary is the Mother of Jesus. (Luke 1: 26-45) We look to Mary as a very special woman and our Mother. 	SADLIER: We Believe - Chapter 3 Christ in Us - Lessons 4, 7, 10
WEEK 3 GL 1.3 MR 1-4	<ul style="list-style-type: none"> The birth of Jesus (Luke 2: 7-14) Jesus, the Son of God, became human like us and loves us. 	SADLIER: We Believe - Chapters 3, 14 Christ in Us - Pages 239-244
WEEK 4	Christmas Recess	

THE LITURGICAL CALENDAR	
LITURGICAL SEASON:	Advent, Christmas
COLOR KEY:	Ordinary Time, Advent, Lent, Feast (including Easter & Christmas), Martyr
December 1	First Sunday of Advent
December 6	St. Nicholas
December 7	St. Ambrose
December 8	Second Sunday of Advent
December 9	The Immaculate Conception of the BVM (not a Holyday of Obligation)
December 12	Our Lady of Guadalupe
December 13	St. Lucy
December 14	St. John of the Cross
December 15	Third Sunday of Advent
December 22	Fourth Sunday of Advent
December 25	Christmas
December 26	St. Stephen
December 27	St. John
December 28	Holy Innocents
December 29	The Holy Family

JANUARY

VALUE: Unity

WEEK	CONTENT	RESOURCES FOR TEACHING
WEEK 1 GL 1.3 MR 1-5	<ul style="list-style-type: none"> Jesus shows us how to live. (Luke 2:41-52) Study of St. Thérèse of Lisieux 	SADLIER: We Believe - Chapter 5 Christ in Us - Lessons 11, 12, 13
WEEK 2 GL 1:3 MR 1-5	<ul style="list-style-type: none"> We are to show love and obedience to our parents and those who take care of us, as Jesus did to his parents. (Mark 10:13-16) 	SADLIER: We Believe -Chapter 3 Christ in Us - Lessons 11, 12, 13
WEEK 3 GL 1.3 MR 1-5	<ul style="list-style-type: none"> Respect Life Lessons (see link in next column) 	RESPECT LIFE WEEK: https://archny.org/teachers-and-parents/ Refer to Resources for Teaching in this Pacing Guide (page 4)
WEEK 4 GL 1.3 MR 1-5	<ul style="list-style-type: none"> We are to be like Jesus and to care for others who are in need. (Luke 4:40) Jesus especially invites us to be sensitive to the suffering of the poor, to pray for them. (Matthew 14:13-21) 	SADLIER: We Believe -Chapters 4,8 Christ in Us - Lessons 11, 12 13

THE LITURGICAL CALENDAR	
LITURGICAL SEASON:	Christmas, Ordinary Time
COLOR KEY:	Ordinary Time , Advent , Lent , Feast (including Easter & Christmas), Martyr
January 1	Solemnity of Mary, The Holy Mother of God
January 4	St. Elizabeth Ann Seton
January 5	The Epiphany of the Lord
January 6	St. Andre Bessette
January 12	The Baptism of the Lord
January 17	St. Anthony, Abbot
January 21	St. Agnes
January 22	Day of Prayer for the Legal Protection of Unborn Children
January 24	St. Francis de Sales
January 25	The Conversion of St. Paul the Apostle
January 28	St. Thomas Aquinas

January 31	St. John Bosco
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FEBRUARY

VALUE: Love

WEEK	CONTENT	RESOURCES FOR TEACHING
WEEK 1 GL 1.3 MR 1-6	<ul style="list-style-type: none"> We grow in virtue by loving God and doing good for others. 	SADLIER: We Believe - Chapter 24 Christ in Us - Lessons 11, 12 13
WEEK 2 GL 1.3 MR 1-6	<ul style="list-style-type: none"> Jesus listened to and talked with his Father. 	SADLIER: We Believe - Chapter 2 Christ in Us - Lessons 16, 20
WEEK 3 GL 1.3 MR 1-6	<ul style="list-style-type: none"> Jesus teaches us how to listen to and talk with God our Father. (Matthew 6:9-13) 	SADLIER: We Believe - Chapter 2 Christ in Us - Lessons 16, 18
WEEK 4 GL 1.3 MR 1-6	<ul style="list-style-type: none"> Prayer is listening to and talking with God. Explain that Lent is a season of the liturgical year. It is a time of preparation for the great feast of Easter. 	SADLIER: We Believe - Chapters 5, 8, 9, 20 Christ in Us - Lessons 16, 18, Christ in Us - Pages 245-250

THE LITURGICAL CALENDAR	
LITURGICAL SEASON:	Ordinary Time
COLOR KEY:	Ordinary Time, Advent, Lent, Feast (including Easter & Christmas), Martyr
February 2	The Presentation of the Lord
February 3	St. Blaise
February 5	St. Agatha
February 6	Saint Paul Miki and Companions
February 8	St. Josephine Bakhita
February 10	St. Scholastica
February 11	Our Lady of Lourdes
February 14	Saints Cyril and Methodius
February 21	St. Peter Damian
February 22	The Chair of St. Peter the Apostle

MARCH

VALUE: Holiness

WEEK	CONTENT	RESOURCES FOR TEACHING
WEEK 1 GL 1.3 MR 1-7	<ul style="list-style-type: none"> We talk each day with God our Father to express our love (adoration). 	SADLIER: We Believe - Chapter 24 Christ in Us - Lesson 18
WEEK 2 GL 1.3 MR 1-7	<ul style="list-style-type: none"> We talk each day with God our Father to ask for forgiveness and help in our needs (petition). 	SADLIER: We Believe - Chapter 19 Christ in Us - Lesson 20
WEEK 3 GL 1.3 MR 1-7	<ul style="list-style-type: none"> We talk each day with God our Father to pray for the needs of others (intercession). (Psalm 46:11) 	SADLIER: We Believe - Chapter 18 Christ in Us - Lesson 17
WEEK 4 GL 1.3 MR 1-7	<ul style="list-style-type: none"> We talk each day with God our Father to praise God and to thank God (thanksgiving). 	SADLIER: We Believe - Chapter 24 Christ in Us - Lesson 16

THE LITURGICAL CALENDAR	
LITURGICAL SEASON:	Lent
COLOR KEY:	Ordinary Time, Advent, Lent, Feast (including Easter & Christmas), Martyr
March 3	Saint Katharine Drexel
March 4	St. Casimir
March 5	Ash Wednesday
March 7	Sts. Perpetua and Felicity
March 8	St. John of God
March 9	First Sunday of Lent
March 16	Second Sunday of Lent
March 17	St. Patrick
March 18	St. Cyril of Jerusalem
March 19	St. Joseph, Husband of the Blessed Virgin Mary
March 23	Third Sunday of Lent
March 30	Fourth Sunday of Lent

APRIL

VALUE: Obedience

WEEK	CONTENT	RESOURCES FOR TEACHING
WEEK 1 GL 1.4 MR 1-8	<ul style="list-style-type: none"> Jesus suffered and died for us and rose from the dead. 	SADLIER: We Believe - Chapters 9, 22, 27 Christ in Us - Pages 251-256
WEEK 2 GL 1.4 MR 1-8	<ul style="list-style-type: none"> The Risen Jesus is seen by the Apostles. (John 21:1-14) 	SADLIER: We Believe - Chapter 10 Christ in Us - Lessons 9, 22, 27
WEEK 3	<ul style="list-style-type: none"> Easter Recess 	
WEEK 4 GL 1.4 MR 1-8	<ul style="list-style-type: none"> Jesus brings us God's forgiveness. 	SADLIER: We Believe - Chapter 19 Christ in Us - Lesson 9

THE LITURGICAL CALENDAR	
LITURGICAL SEASON:	Lent / Easter
COLOR KEY:	Ordinary Time, Advent, Lent, Feast (including Easter & Christmas), Martyr
April 2	St. Francis of Paola
April 4	St. Isidore
April 5	St. Vincent Ferrer
April 6	Fifth Sunday of Lent
April 11	St. Stanislaus
April 13	Palm Sunday of the Passion of the Lord
April 17	Holy Thursday
April 18	Good Friday
April 19	Holy Saturday
April 20	Easter Sunday of the Resurrection of the Lord
April 27	Second Sunday of Easter / Sunday of Divine Mercy
April 29	Saint Catherine of Siena

MAY

VALUE: Mercy

WEEK	CONTENT	RESOURCES FOR TEACHING
WEEK 1 GL 1.4 MR 1-8	<ul style="list-style-type: none"> To live in peace it is necessary at times to say we are sorry, to forgive and to make up with others. We are all called to be peacemakers in our world. 	SADLIER: We Believe - Chapter 19 Christ in Us - Lessons 10, 12
WEEK 2 GL 1.4 MR 1-8	<ul style="list-style-type: none"> The Holy Spirit is sent by Jesus to make us holy. The Holy Spirit helps us to pray. (Galatians 4:6) 	SADLIER: We Believe - Chapters 10, 11 Christ in Us - Lesson 13 Christ in Us - Pages 263-268
WEEK 3 GL 1.4 MR 1-8	<ul style="list-style-type: none"> At Mass, we listen to God's Word and pray together as God's family. Because the celebration of the Mass is the best way to worship God, the Catholic community must come together on Sundays and Holy Days to worship God at Mass. (Acts 2:42) 	SADLIER: We Believe - Chapter 23 Christ in Us - Lessons 6,7
WEEK 4 GL 1.4 MR 1-8	<ul style="list-style-type: none"> The parish is the center of our worship and of our life in the Christian community. We are to know the name of our parish. 	SADLIER: We Believe - Chapter 15 Christ in Us - Lesson 5

THE LITURGICAL CALENDAR	
LITURGICAL SEASON:	Easter
COLOR KEY:	Ordinary Time, Advent, Lent, Feast (including Easter & Christmas), Martyr
MAY 1	St. Joseph the Worker
May 2	St. Athanasius
May 3	Sts. Philip and James, Apostles
May 4	Third Sunday of Easter
May 10	St. Damien de Veuter of Molokai
May 11	Fourth Sunday of Easter
May 12	St. Pancras
May 13	Our Lady of Fatima
May 14	St. Matthias
May 18	Fifth Sunday of Easter
May 22	St. Rita of Cascia
May 25	Sixth Sunday of Easter

May 26	Saint Philip Neri
May 27	St. Augustine of Canterbury
May 29	The Ascension of the Lord (Holyday of Obligation)
May 31	The Visitation of the Blessed Virgin Mary

JUNE

VALUE: Loyalty

WEEK	CONTENT	RESOURCES FOR TEACHING
WEEK 1 GL 1:4 MR 1-8	<ul style="list-style-type: none"> Sacred Scripture is the Word of God. In Sacred Scripture, we learn about God; Father, Son, and Holy Spirit. (Psalm 119:105) 	SADLIER: We Believe - Chapter 2 Christ in Us - Lesson 19
WEEK 2 GL 1.4 MR 1-8	<ul style="list-style-type: none"> Give Sacred Scripture a special place in the classroom. Encourage the children to do the same at home. 	

THE LITURGICAL CALENDAR	
LITURGICAL SEASON:	Easter / Ordinary Time
COLOR KEY:	Ordinary Time , Advent , Lent , Feast (including Easter & Christmas), Martyr
June 3	St. Charles Lwanga and Companions
June 5	Saint Boniface
June 8	Pentecost Sunday
June 9	The Blessed Virgin Mary, Mother of the Church
June 11	St. Barnabas
June 13	St. Anthony of Padua
June 15	The Most Holy Trinity
June 21	St. Aloysius Gonzaga
June 22	The Most Holy Body and Blood of Christ / Corpus Christi
June 24	The Nativity of St. John the Baptist
June 27	The Most Sacred Heart of Jesus
June 28	The Immaculate Heart of the Blessed Virgin Mary
June 28	St. Irenaeus
June 29	Sts. Peter and Paul, Apostles