

School/Parent Attach  
Photo of Student

## Bus Driver & Attendant: Diabetes Quick Action Guide

Students with diabetes are identified on your Route Sheet

Student's Name: \_\_\_\_\_ Grade: \_\_\_\_\_

School Year: \_\_\_\_\_ OSIS #: \_\_\_\_\_

OPT Number & DBN: \_\_\_\_\_

Prescribed Glucagon Type: \_\_\_\_\_

Glucagon Location (e.g., front backpack pocket): \_\_\_\_\_

Snack and Water Location: \_\_\_\_\_

- 504 Team agrees student **may ride bus without their transportation paraprofessional** (whose only duties are diabetes-related) **present** IF bus driver/attendant are trained in glucagon administration.

The student's common symptoms of low or high blood sugar are checked off below. After treating and/or calling 911: contact your supervisor to inform parent and school.

### Treatment of Mild to Moderate Hypoglycemia (low blood sugar) → Give Fast-Acting Sugar

**Mild to Moderate Hypoglycemia Symptoms (student's symptoms checked):**

Weak       Lethargic       Sleepy       Shaky       Pale

If student is able to swallow, give quick-acting sugar by mouth, **supplied by the parent** and carried with the student on the bus. Always allow student access to their water.

**For example, ONE of the following:** \*Do **NOT** give chocolate

- 3-4 glucose tabs, or 1 tube glucose gel
- 4 oz. cup of fruit juice or juice box
- 6 oz. regular (NOT diet) soda (about 1/2 can)
- 15 Skittles, or 5 Starburst or Life Savers Candies
- 3 teaspoons table sugar (3 packets)

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If, after giving sugar, the signs/symptoms continue or worsen to severe hypoglycemia, treat it as a diabetes emergency. See next section.

### Treatment for Severe Hypoglycemia (low blood sugar) EMERGENCY → Administer Glucagon, then Call 911

#### Severe Hypoglycemia EMERGENCY Symptoms

- Inability to eat or drink (inability to swallow)
- Unconscious
- Unresponsive
- Seizures or convulsions (jerking movements)

If a student shows any one of the symptoms listed above, this is an **EMERGENCY**.

- **Administer Glucagon**
- Position student on their side
- **Then call 911 immediately**: inform dispatcher you are treating a student with a hypoglycemic diabetes emergency.
- NEVER leave the student unattended.

### Severe Hyperglycemia (high blood sugar) EMERGENCY → Call 911

#### Severe Hyperglycemia EMERGENCY Symptoms

- Vomiting or nausea
- Difficulty breathing
- Unconscious