

Bus Driver & Attendant: Diabetes Quick Action Guide

Students with diabetes are identified on your Route Sheet

School/Parent Attach
Photo of Student

Student's Name: _____ Grade: _____

School Year: _____ OSIS #: _____

OPT Number & DBN: _____

Prescribed Glucagon Type: _____

Glucagon Location (e.g., front backpack pocket): _____

Snack and Water Location: _____

- 504 Team agrees student **may ride bus without their transportation paraprofessional** (whose only duties are diabetes-related) **present** IF bus driver/attendant are trained in glucagon administration.

The student's common symptoms of low or high blood sugar are checked off below. After treating and/or calling 911: contact your supervisor to inform parent and school.

Treatment of Mild to Moderate Hypoglycemia (low blood sugar) → Give Fast-Acting Sugar

Mild to Moderate Hypoglycemia Symptoms (student's symptoms checked):

- Weak Lethargic Sleepy Shaky Pale

If student is able to swallow, give quick-acting sugar by mouth, **supplied by the parent** and carried with the student on the bus. Always allow student access to their water.

For example, ONE of the following: *Do **NOT** give chocolate

- 3-4 glucose tabs, or 1 tube glucose gel
- 4 oz. cup of fruit juice or juice box
- 6 oz. regular (NOT diet) soda (about 1/2 can)
- 15 Skittles, or 5 Starburst or Life Savers Candies
- 3 teaspoons table sugar (3 packets)

If, after giving sugar, the signs/symptoms continue or worsen to severe hypoglycemia, treat it as a diabetes emergency. See next section.

Treatment for Severe Hypoglycemia (low blood sugar) EMERGENCY → Administer Glucagon, then Call 911

Severe Hypoglycemia EMERGENCY Symptoms

- Inability to eat or drink (inability to swallow)
- Unconscious
- Unresponsive
- Seizures or convulsions (jerking movements)

If a student shows any one of the symptoms listed above, this is an **EMERGENCY**.

- **Administer Glucagon**
- Position student on their side
- **Then call 911 immediately:** inform dispatcher you are treating a student with a hypoglycemic diabetes emergency.
- NEVER leave the student unattended.

Severe Hyperglycemia (high blood sugar) EMERGENCY → Call 911

Severe Hyperglycemia EMERGENCY Symptoms

- Vomiting or nausea
- Difficulty breathing
- Unconscious