

CATHOLIC SCHOOLS *in the*
ARCHDIOCESE *of* NEW YORK

Faith-Based. Future-Focused.

PROMOTING STUDENT SUCCESS

Through **Social-
Emotional Learning** and
Mental Health Services



TEACHING & LEARNING

With the past few school years looking different than most, Catholic school teachers and leaders across the Archdiocese of New York remained steadfast in their commitment to academic excellence rooted in faith.



*Even in the midst of a global pandemic, it was imperative that teachers and leaders had, and continue to have, a strategic, measurable and effective impact on **student learning** and understanding.*

01. MAP TESTING

MAP data informs teachers and leaders what each student knows and what they are ready to learn next.



Catholic school teachers and leaders are continuously well positioned to make data informed decisions through NWEA MAP assessments.

Individualized action plans ensure growth in relation to the NYS Next Generation Learning Standards as well as college and career readiness goals.

The information gained from MAP is critical in crafting learning plans and personalizing instruction for all students.

Data from triannual MAP exams are shared with parents via the MAP Family Report and act, in tandem, with ongoing conversations of student formation.

Data from this past year shows once again that the average ADNY student exceeds the **50th percentile national norm** in reading, mathematics and science.



Our educators are committed to continuous improvement and ensuring students can learn and achieve at the highest levels.

Digital curricular materials like Discovery Education and GreatMinds, coupled with personalized learning support from Newsela and MAP Accelerator, execute learning plans for students.

02. DIGITAL CURRICULAR MATERIALS

Digital curricular programs target students' individual needs in reading and math—a hallmark of our instructional program over the last several years.

03. CATAPULT

Catapult helps students make steady gains, closing gaps and clarifying mislearning brought forth by the pandemic.



We continue to partner with Catapult Learning to provide year-round academic support for all students.

The Catapult intervention program supplements classroom instruction, extended academic remediation and enrichment.

Nearly 4,000 students participate in targeted small-group instruction throughout the year to strengthen student understanding in reading and mathematics.

Hands-on activities, co-curricular experiences and social-emotional learning lessons provide the framework for the day to ensure students are consistently engaged and high expectations met.

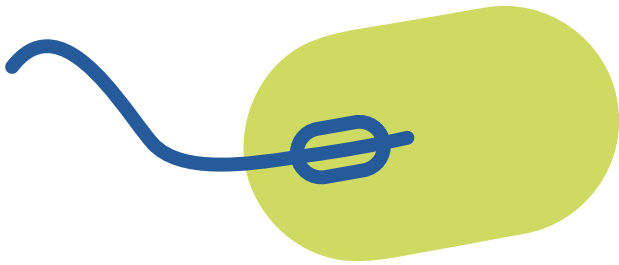
Our summer learning experience extends this model by offering students an opportunity to enhance core academic development while also combatting traditional summer slide.

To register for **Catapult's summer programs** (offered free of charge!), scan the QR code or visit bit.ly/3KAsivb. Register by 5/20.



04. KOGNITO

Kognito uses interactive role-play simulation that provide strategies to improve mental health and well-being.



ADNY Schools has expanded the partnership we share with families in the education of your children through Ready4K.

Ready4K is an evidence-based family engagement curriculum launched at the beginning of Catholic Schools Week.

This customized text-messaging platform engages families with students in PreK through Grade 5 three times per week with brief facts, tips, and encouragement to help build on daily routines, supporting both academic and social-emotional growth.

Over 24,000 ADNY parental contacts are currently active in the Ready4K system.

School leaders and teachers have embraced **virtual collaboration strategies** with families to support the home-school relationship.

We have partnered with Kognito to address the difficult topics and conversations that educators, school staff, and students encounter in their personal lives.

In the '21-'22 school year so far, approximately 5,500 simulations have been completed by about 3,200 school educators.

This spring, over 5,000 students in Grades 7 and 8 are expected to take the Friend2Friend simulation, which focuses on effective ways to talk to a peer who may be struggling and connect them to a support network of trusted adults.

05. READY4K

Ready4K enables families to continue their child's learning beyond the classroom.





SOCIAL-EMOTIONAL HEALTH

In the fall of this year, all teachers received additional training and support in using the materials to promote SEL.

As in previous years, educators benefitted from the **Values Infusion Program**, a curriculum-adjacent alignment created by ADAPP in collaboration with the Office of Catholic Identity.

01.

ANTI-BULLYING LESSONS

Bullying is one of the most serious and challenging issues schools face today.

In 2013, ADNY incorporated Anti Bullying Lessons for grades K-8. The information was updated in 2016 and 2018 and is aligned with the Values Infusion.

02.

SAFE ENVIRONMENT

Designed to promote respect for the dignity of the human person and virtuous living, these lessons help keep students safe.

Lessons for grades K-8 address each grade level with instruction and materials that are age-appropriate, user-friendly, and fully consistent with the moral teachings of the Catholic Church.

03.

LOUKOUMI BOOKS

The Loukoumi children's book series promotes community service alongside literacy and career guidance.

Books promote social skills and are used in grades K-2. This initiative works to inspire a new generation of service leaders

04.

MENTAL HEALTH LESSONS

Since 2019, teachers have integrated lessons specific to mental health for grades K-8 and 9-12.

These lessons explored physical, mental, emotional, and social health; range of emotions; feelings identification; resources identification; and coping strategies.



To learn more about our **Values Infusion Alignment** for the 2021-2022 school year, scan the QR code or visit catholicschoolsny.org/netsmartz-lessons.

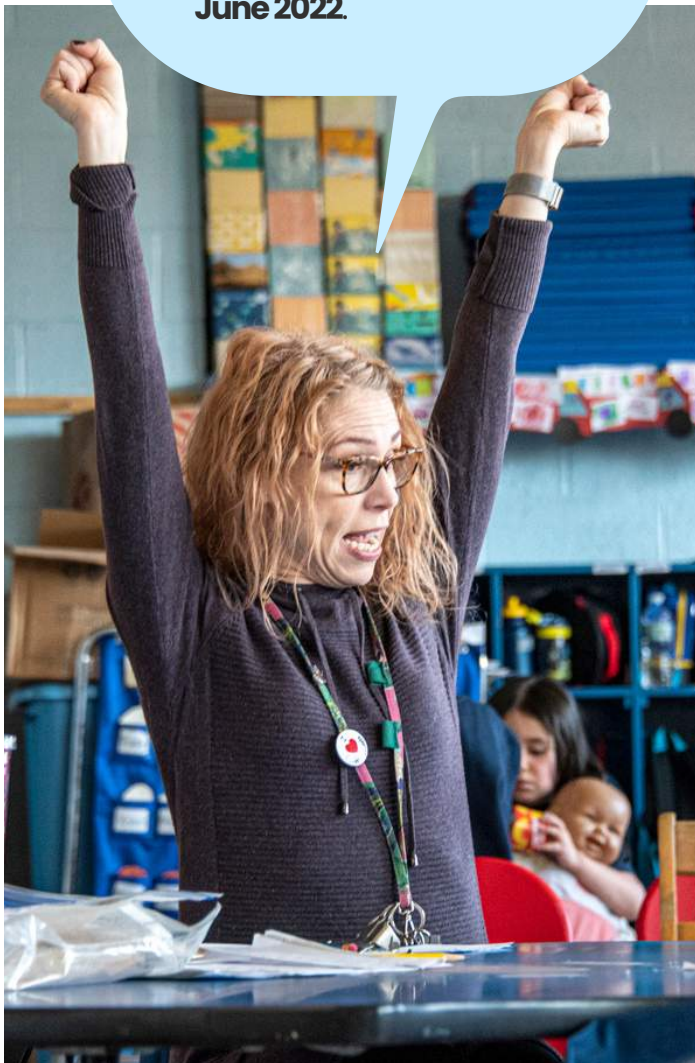
WESTCHESTER INITIATIVE

For Westchester schools, a new ADAPP initiative offers mental health training for adults.



For the first time, ADAPP is offering **Youth Mental Health First Aid (YMHFA)** to teachers in Catholic schools in Westchester county.

Two training sessions were held in September and three additional training sessions will take place by **June 2022**.



YMHFA is primarily designed for adults who have regular contact with young people.

YMHFA is a 6.5 hour course designed to teach school staff, parents, and other adults how to help a youth (ages 10-18) who is experiencing a mental health or addiction challenge or is in crisis.

The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations.

Topics covered include anxiety, depression, substance use, disorders in which psychosis can occur, and disruptive behaviors disorders (including ADHD and eating disorders).

YMHFA is made possible through a grant from Westchester County Stop DWI and Student Assistance Services.

For the **latest updates** on current or upcoming programs from ADAPP, scan the QR code or visit adapp.org/latest-news.





TEEN INTERVENTION PROGRAM

The Teen Intervene Mid Hudson SOR Program aids high-risk youth in schools north of NYC.

For high-risk youth in schools north of NYC, **Teen Intervene** offers free virtual intervention services through October 2022.



What is Teen Intervene?

It is a free, virtual, 2-4 session, evidence-based program to address adolescent alcohol and other drug use in its early stages by providing education, support and motivation to reduce substance use.

The model reflects the belief that it is important to meet teens where they are at, recognize a teen may or may not see their use as a problem or see a need to change their behavior

Who conducts the Teen Intervene Sessions?

Prevention Specialists and ADAPP counselors trained in the Teen Intervene Model and those working for NYS Office of Addiction Services and Supports, (OASAS) funded agencies are those who conduct the Teen Intervene sessions remotely at this time.

What are the goals of Teen Intervene?

To help teens reduce or eliminate alcohol and other drug use; provide education around alcohol, nicotine, marijuana and other drugs; and to provide referrals to further help if needed.

How can I make a referral?

To refer a student, teen or family in need, please contact Jessica Pforte at (845) 561-3633 x47 or teenintervene@adapp.org. You can also visit adapp.org.

To learn more about the **Teen Intervene Mid Hudson SOR Program**, scan the QR code or visit adapp.org.








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