

**UPDATED January 2021 Daily Health Self-Screening Requirements
and at Home Daily Checklist for Employees, Parents, Children and Essential Visitors.**

All School Employees, Parents, Children and Essential Visitors will need to complete a daily health self-check by answering the questions listed below and by taking their own temperatures each day prior to entering the school or being on the school property. A parent or guardian is responsible for completing the daily screening on behalf of their child(ren). **Self-Screening:**

Below are the updated self-screening questions that employees, parents, children and essential visitors are required to answer daily. If the answers are "No" to all of the following questions, individuals may enter the school, if you answer yes please contact the school principal. (If employees, parents, children and/or essential visitors cannot take their temperature at home, but answer "No" to all other questions, they may report to the school to have their temperature taken on-site).

- (a) Have you been in close or proximate contact in the past 14 days with anyone who has tested positive through a diagnostic test for COVID-19 or who has or had symptoms of COVID-19?**
- (b) Are you waiting for the results of or have you tested positive through a diagnostic test for COVID-19 in the past 14 days?**
- (c) Are you currently experiencing any symptoms of COVID-19, including a temperature of greater than 100.0°F in the past 14 days?**
- (d) Is your body temperature at or above 100.0 degrees Fahrenheit or have you or your child (ren) taken any temperature reducing drug (i.e., Tylenol, Advil, Motrin, Aspirin) within the last 24 hours?**
- (e) Have you traveled internationally or from a state with widespread community transmission of COVID-19 per the New York State Travel Advisory in the past 14 days? (<https://coronavirus.health.ny.gov/covid-19-travel-advisory> for Official State List, Check Daily)**

If you answer YES to any of these questions on any given day, you or your child may not enter the school building. Contact a medical professional for guidance and notify the school principal.

Depending upon the answers to the screening questions, you or your child may need to receive medical clearance and a negative COVID test to return to work or school. If you or your child is sick with a common cold or other ailment not related to COVID-19, stay home until symptoms subside and you or your child (ren) fever free without the aid of a temperature reducing drug. https://coronavirus.health.ny.gov/system/files/documents/2020/10/prek-gr12_toolkit.pdf

By signing below and submitting this form, you acknowledge that you received the attached updated daily checklist that you will complete it each school day for yourself or your child (ren) for the 2020-2021 School Year.

Signature of Parent or Guardian _____ **Date:** _____
Student Name _____ **Grade:** _____

For any traveler to New York State from a noncontiguous state, US territory or CDC level 2 and higher country, the new guidelines for travelers to test-out of the mandatory 10-day quarantine are below:

For travelers who were out-of-state for more than 24 hours:

Travelers must obtain a test within three days of departure, prior to arrival in New York.

The traveler must, upon arrival in New York, quarantine for three days.

On day 4 of their quarantine, the traveler must obtain another COVID test. If both tests come back negative, the traveler may exit quarantine early upon receipt of the second negative diagnostic test.

For general inquires contact the call the Hotline: [1-888-364-3065](tel:1-888-364-3065).

For travelers who were out-of-state for less than 24 hours:

The traveler does not need a test prior to their departure from the other state, and does not need to quarantine upon arrival in New York State.

However, the traveler must fill out our traveler form upon entry into New York State, and take a COVID diagnostic test 4 days after their arrival in New York.

All travelers must continue to fill out our traveler form upon arrival into New York State to contribute to New York State's robust contact tracing program.

The travel guidelines require all New Yorkers, as well as those visiting from out-of-state, to take personal responsibility for compliance in the best interest of public health and safety.

**PLEASE KEEP THIS PAGE AT HOME ON YOUR COUNTER OR BY THE DOOR- DO NOT RETURN
FOLLOW THESE GUIDELINES EACH DAY TO DETERMINE IF YOUR CHILD IS ABLE TO ATTEND SCHOOL**

Parents should take their child's temperature every day before their child leaves for school. If your child has a fever of 100.0 or over, your child should be kept home from school. A fever is a key symptom of COVID-19. You should ask your child if he/she has any other symptoms of COVID-19 (see below). If your child complains of these symptoms or has a fever, or you answer yes to a question in section two, please, keep them home, call your child's doctor and contact the school to report your child's absence. If your child is sick with a common cold or other ailment your child should stay home until symptoms subside and they are fever free. We strongly encourage every student to receive the FLU vaccine this year! In NYC Children 5 and under are mandated by NYC DOH to receive the Flu Shot by Dec 31st, 2020.

SECTION 1: Symptoms

Before you or your child leaves for school each day – Consider all that apply:

_____ fever or chills – Is fever 100.0°F or higher?

_____ sore throat, congestion, or runny nose?

_____ new or worsening cough that cause's difficulty breathing?(If your child has chronic allergies, or an asthmatic cough, is there a change in their cough from baseline?)

_____ diarrhea, nausea, or vomiting?

_____ onset of severe headache, especially with a fever?

_____ fatigue, muscle or body aches; loss of taste or smell?

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19. This list does not include all possible symptoms. CDC will continue to update this list as they learn more about COVID-19. <https://www.cdc.gov>.

SECTION 2: Close Contact/Positive Test/Potential Exposure& Travel

_____ had close contact (within 6 feet of an infected person for at least 10 minutes) with a person confirmed positive in the past 14 days or Are you waiting for the results of or tested positive for COVID-19 yourself?

_____ have traveled internationally or from a state with widespread community transmission of COVID-19 per the New York State Travel Advisory in the past 14 days?

(<https://coronavirus.health.ny.gov/covid-19-travel-advisory>)

NYS DOH School Screening ToolKit

https://coronavirus.health.ny.gov/system/files/documents/2020/10/prek-gr12_toolkit.pdf